



Orca Probus Club NewsLetter

August

2023

Summer Edition

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President	Neil Brodie	Communication	Mike Wilson
Vice-President	Bruce Ellis	Facilities	Debbie/Rod Olson
Secretary	Tim Rabbitt	Social	Barb Wilson
Treasurer	Mike Naish	Past President	Marguerite Ancell
Membership	Pat Ellis	Sunshine	Deanna Provencher

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Dates to Remember

WALKING: ----- Every Monday
AUGUST PICNIC: ----- Aug 08, 2023
GOLF: ----- Aug 17, 2023
COWICHAN WINE TOUR: ----- Sept 22, 2023

next ORCA PROBUS CLUB meeting:
Tues. Sept 12, 2023

Club News

Club Announcements

August Birthdays

Ginny Lowrie

Lynnette Lynch

Laura Wendland

George Low

Rick Baldwin

HAPPY
BIRTHDAY!

Mary Jane Rees

Brenda Jarvis

Luana Buchanan

Karen Ross

Alice Strilchuk

Probus Summer Picnic



Come one and all to a picnic on Tuesday August 8 starting at 11:00 AM at the group picnic area in Kitty Coleman Park.

Pack your picnic basket! Come and join the rest of your probus members for some enjoyable conversation in a beautiful setting!

The picnic area has numerous picnic tables but if you have folding chairs you might consider bringing them.

For those that have not been to Kitty Coleman, here are the directions. Drive north on Hwy 19a. Just before Merville turn right on Coleman Road then left on Left Road.

Then right on Whitaker Road. Follow that down to the ocean passing Woodland Gardens. Turn right at the office. The group picnic area is behind the office. Plenty of parking.

See you there.

Club News

WHAT'S UP!

Some additional photos from the June trip to PRISMA courtesy of Lawrence Petkus



A Moveable Feast

To play a wrong note is insignificant; to play without passion is inexcusable.

-Ludwig Van Beethoven



PRISMA 2023

Well my PROBUS friends, didn't we do it this time. You must say that the stars were aligned to provide us all with a proper feast. And what makes a proper feast? A stick of bread? A hand on a piano keyboard? A roasted fowl on a groaning table? A massive orchestra in a dim lit music hall?

No my friends, no. The answer is passion. The passion of giving, the passion of living, the passion of love, the passion of life. And the passion of knowledge. And from the first moment Arthur Arnold raised his baton, the passion he projected to his orchestra and the audience was an electric current.

Just as the snowflake makes the avalanche, the small parts of the music composition (the containers known as bars) make up the sum total of the symphony whole. And from the first bars of music that the PRISMA Orchestra played, you knew that we were here now. The orchestra struck the first notes with a passion and precision that demanded the attention of the audience. The chatter died. The audience silence became a wave that Maestro Arnold rode for an hour on a clock without dial hands.

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Club News

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Just as the audience became engulfed with each detail of the opening notes of the symphony, the wondrous variety of song, dance, genre, natural sounds, and individual instrumental performances were masterfully brought forth in this cornucopia of a symphony, Mahler's "First Symphony in D Major."

Like a chess master, Arnold moved each instrument, each bar, each symphonic movement, precisely and inexorably forward. His baton was informed with passion and knowledge. And we fortunate mortals drank from the cup of the gods: music sweet music.

After the concert, I was pleased to hear much commentary from the audience about the myriad parts of the symphony. Yes, the audience was listening. How many noted individual artists and the distinct joy of well delivered performances. To make an instrument live, that is the life blood of the orchestra. And Arnold keep that pulse beating throughout the performance. But as always, the devil was in the details and thankfully an angel was on Arnold's shoulder.

Talk of feast: when Mahler introduced his First Symphony in D Major, he expanded the traditional size of the orchestra. But not only the size of the orchestra, the range of musical sounds and tones in a symphony: Klezmer music, popular song (Frere Jacques), brass hunt calls, etc., etc. For this reason, we can be thankful that Arnold took the reigns of the chariot with a firm grip which defined sound and tone and not just volume. He honed the smallest notes and phrases so that they became concupiscent delights rather than trite cartoons. The wrong conductor could ruin this work.

As we revisited earlier themes from the symphony in the finale, we were brought to what one critic has called a "Mahlerian blaze of glory." And blaze is the appropriate description for the conclusion of Arnold's Mahler's First Symphony in D Major. Let there be light.

Usually I talk about the benefits of the PRISMA Symphony Cruise: dining and many other "perks." This time the music is enough. Thank you members and friends for your appreciation. And thank you Maestro Arnold.

Sincerely yours,

Lawrence Petkus

Marie Knowles

Co-Chairs PROBUS Committee for PRISMA Symphony Cruise

Club News

Nancy Carten provided a dip as her contribution to the BBQ's potluck. It was such a hit that the recipe was requested, no, demanded by many of the picnickers.

For those picnickers that appeared like a lion pride bringing down a kill, here is the dip recipe!



Buffalo Chicken Dip Recipe

Cheesy creamy Buffalo Chicken Dip is the perfect game day snack. This easy recipe is a family classic, and you'll find yourself wishing you doubled the recipe!

Prep Time: 10 minutes
Cook Time: 20 minutes
Servings: 8 servings

1 pound chicken breasts cooked and shredded

8 ounce cream cheese softened

1 cup sour cream

$\frac{1}{2}$ cup buffalo sauce Frank's Red Hots is my favorite

1 $\frac{1}{2}$ cups shredded cheddar cheese divided

2 Tablespoons blue cheese dressing or Ranch, for garnish

Fritos scoops, baguette slices, carrot/celery, for dipping

Instructions

- In a large bowl, combine shredded chicken, cream cheese, sour cream, buffalo sauce, and 1 cup of the shredded cheddar cheese.
- Mix with a large spatula until fully combined. Spread in the bottom of a 1.5 qt baking dish. Sprinkle the remaining $\frac{1}{2}$ cup cheddar cheese over the top.
- Bake in a 350 degree F oven, uncovered, for 15-20 minutes, until cheese is melted and bubbly.
- Remove from oven and immediately drizzle with blue cheese or ranch dressing. Serve with baguette slices, Fritos scoops, and/or carrots and celery. ENJOY!

Club News

The July BBQ photos courtesy of David Oakes and Al Tippet



Club News

More photos
from the BBQ



Club Activity News



One of the Probus Summer BBQ groups of Ken and Luana Buchanan, Stan and Alice Strilchuk, and Mike and Barb Wilson enjoyed their 2nd of 3 BBQs at the Buchanan's this month. Another quintessential meal was consumed along with refreshing conversation.



Club Activity News



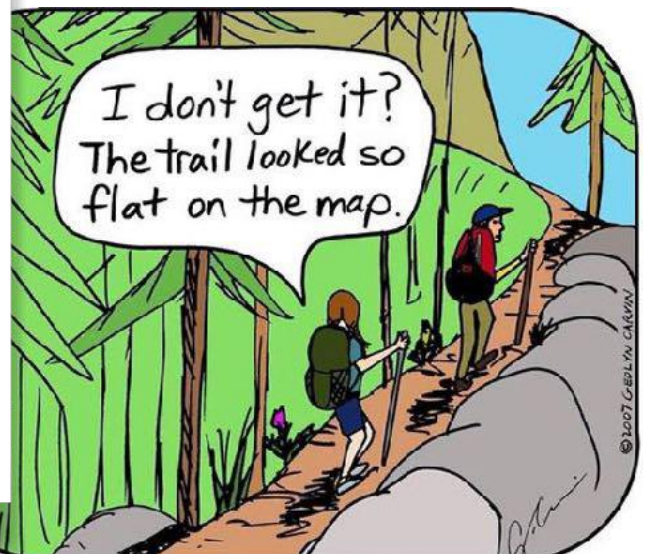
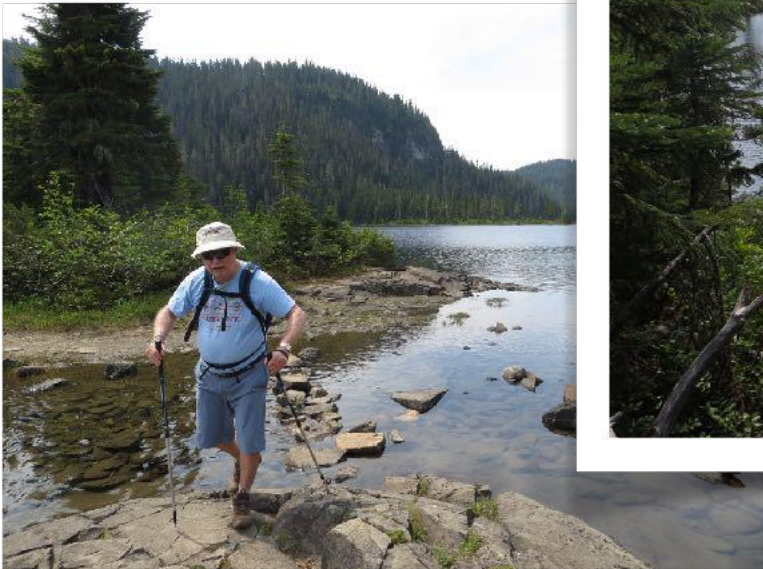
The walking group in July enjoyed walks to Roy Stewart Morrison Park, Puntledge River Recreation Trails, down Mallard Creek to Hurford Hill Nature Park and along part of the One Spot Trail. We were fortunate enough to enjoy some refreshing rain on two of those Mondays! Check out the two photos of Mallard Creek before rain and after rain! We always discover something interesting on our walks; however we are happy to report we did not see any zombies on any of these adventures. Contact Melanie Olson if you would like to join our group.



Club Activity News

Hiking Group

On July 6th, a rather small group of Orca hikers completed the scenic loop around Helen Mackenzie and Battleship lakes.



Club Activity News

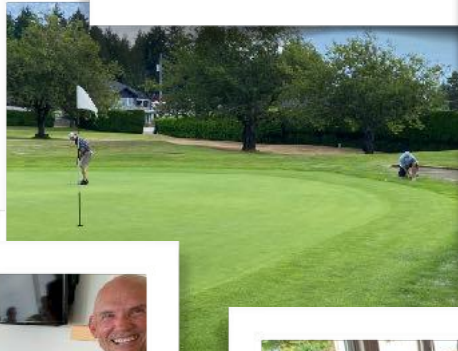
July 5th paddle, by a few members of the probus kayak group, from Pt. Holmes to a point between the spit and Tree Island. Extreme low tide exposed the bar that lies between the spit and Tree Island thus provided us a look at the bottom of this area and a sea of kelp. The kelp looked like a sandbar from the shoreline of the spit.



Club Activity News

QUALICUM 9 & DINE GOLF

It was a hot one!



Things to Ponder!

While it's reassuring to learn that 75 million people agree with me, it's troubling and humbling to discover that almost 71 million do not. I'd like to reach out to that second group and suggest areas where we might find common ground. Things we can happily, and without controversy, come together on. My first suggestion is LeBron James. I mean, c'mon. Wow. And what about Zoom? Thank god for that, right? Let's see, what else . . . In no particular order: Spaghetti; Napping; Music; A good book; Laughing; Tears of joy; Dogs, but not the tiny, yappy ones; Jeans that fit; Ice cream; A cool breeze on a warm summer night; Canada; Free long distance phone calls on the internet; Star Wars; Star Trek; Harry Potter; The Lord of the Rings; hopefully the upcoming Dune movie. And of course, the big two: Love; family. (I purposely left out sex because discussing how or with whom it should be done can be divisive—and I just turned 85, so who am I kidding). Bottom line, we just need to stay focused on what brings us together, rather than drives us apart. Or, in the immortal words of Mr. Bruce Springsteen, "The ties that bi-yi-yi-yi-yi-yind.

**I don't know if
Facebook has ever
caused the lame to
walk but it has sure
caused the dumb to
speak.**

**Two women in a bus fighting
bitterly over the last available
seat.**

**The conductor had already
tried unsuccessfully to
intervene when the bus driver
shouted to the conductor, "Let
the ugly one take the seat"**

**Both women stood for the rest
of the journey**

Argument done!

**"MY WIFE SAID
"WATCHA DOIN' TODAY?"
I SAID, "NOTHING." SHE SAID,
"YOU DID THAT YESTERDAY."
I SAID, "I WASN'T FINISHED."**