

ORCA PROBUS CLUB

Comox Valley

NEWSLETTER

June 2021

PRESIDENT'S PODIUM



One of my favourite educational consultants, Mae West, said it best when she asserted, "too much of a good thing is absolutely wonderful." My time as President of Orca Probus seems to be flying by. Eight months have passed since I stepped into the President's role. Wow! Time flies when you are having fun.

I would like to thank the past Committee for asking and entrusting me with this position. I admit that I stepped into the role not really knowing what to expect or what was expected of me. I was relatively new to the club. I did not have any previous Orca Probus Committee experience and with COVID-19 raging, all systems normal would not be a part of anyone's vocabulary.

At this moment in time, I really feel that I also need to stop and acknowledge our Management Committee. What I have found is the most dedicated, caring, consistent and supportive group of individuals a person could ever hope to find. I found a group of volunteers who truly go above and beyond the call of duty to not only make this club function, but to also continue to make it the success story it has become during these COVID times. I found volunteers who, behind the scenes, attend online workshops. They make phone calls, send out texts and emails just to see how everyone is doing and to say hello. They put together newsletters, attend meetings and are constantly brainstorming as to what more they can or should be doing. Each one feeling frustrated by the lack of viable, safe possibilities they can truly come up with. Feeling frustrated by continually having to regroup and make changes on the fly. Trust me when I say, "Any success I have had I truly owe to them."

The dictionary definition of dedication is as follows; "The quality of being committed to a task or purpose. The willingness to give a lot of time and energy to something because it is important." To our Orca Probus Management Committee, Marguerite Ancell, Ken Talbot, Caroline Urquhart, Bruce Ellis, Lynnette Lynch, Karen Fettes, Jerith Jones, Melanie Olson, Mike and Barb Wilson, from myself and all our Orca Probus members...

"For all you are and for all you do, Thank you."

Have an awesome summer everyone!

ACTIVITIES

Dust off your hiking boots!

Jim Cooper and Tim Ackerman are resuming Probus Hiking in June.

Jim plans to lead a “moderate” hike on the second Wednesday of each month.

Tim will lead an “easy” hike on the fourth Tuesday of each month

Jim and Tim will be contacting those that asked to be considered for hiking to announce outings over the next month. Jim Cooper as also offered to lead small groups for easy kayaking. If you have a kayak, and are interested please let Jerith know.

Everyone take care and stay safe.

Jerith Jones



GOLF GROUP

It was a perfect day for twenty-four of our golfers to start their Probus Golf season, and to hone skills. It seems the speed and unpredictable slopes of Sunnydale’s Greens challenged a few. The après golf was enjoyed in their beautiful outdoor setting with a great selection of dishes and incredibly fast service for the twenty-eight of us.

Our next golf outing will be at Qualicum’s ARROWSMITH Golf and Micky J’s Bar & Grill, THURSDAY, June 24th. Details will be sent out to all golfers early next week including , time, social, requests for sign up, and COVID protocols.

-Dave Pacholuk





JUNE BIRTHDAYS

04 Bert Cronk	12 Mary Lynn Rasmussen
04 Glenn Grieve	14 Marilyn Morris
05 Joan Bertram	19 Mike Graham
05 Thomas Walker	29 Judy Chrysler
07 Don Manley	30 Josette Graham
08 Tim Ackerman	

JULY BIRTHDAYS

03 Neil Brodie	19 Marie Knowles
06 Mark Ouellette	20 Wendy Tippett
10 Terry Broomfield	24 Georgia McLellan
14 Lorne Irwin	26 Ross Cowan
16 John Dickinson	28 Ron Stocker
17 Miles Jones	31 John McLellan
17 Brenda Oakes	

AUGUST BIRTHDAYS

02 Ginny Lowrie
03 Lynnette Lynch
09 Rick Baldwin
11 Brenda Sarvis
16 Patrick Hockenhull
18 Karen Ross

JUNE MEETING

Our speaker on June 8th is Dr. David Hanson Arnold MD, MSc., CCFP. Dr. Arnold retired 3 years ago after a lengthy career as both an urban and rural Family Physician, Medical Educator and Medical Administrator. Apart from his clinical work as a Family Physician, Dr. Arnold also has had considerable experience as an Occupational Health physician, Medical Ethicist and Health Policy analyst. Nearly 50% of his career was spent providing medical services to the Heiltsuk, Kitasoo and Nisga'a Nations of Northern British Columbia.

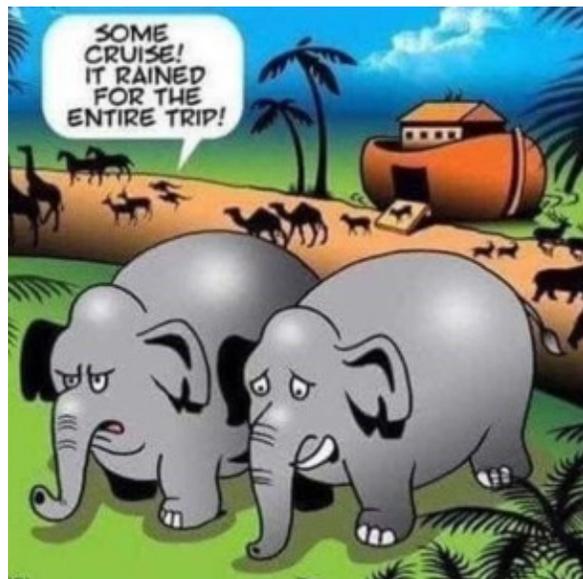
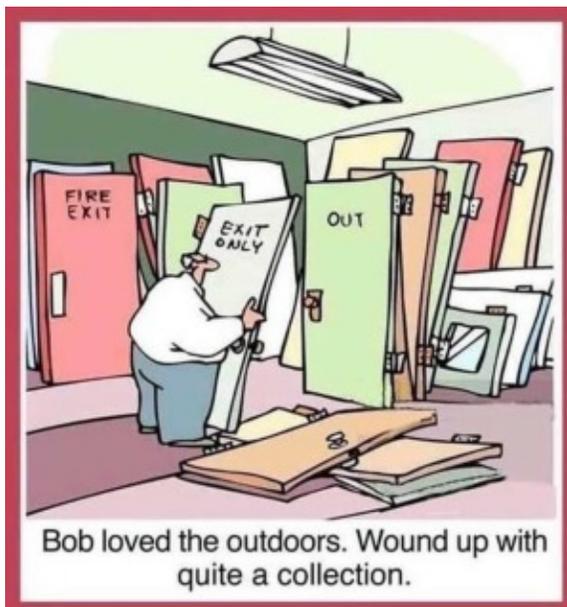
Dr. Arnold's topic will be the problem of medical over-diagnosis and over-treatment of patients. Dr. Arnold will be our final speaker until September. Please join us on June 8th to learn more about this important topic.



Here is the list of the winners so far in the Orca Probus Wheel of Fortune.

- Bruce Ellis
- Carol Labine
- Mike Naish
- Isabel Pacholuk

One more draw to go in June!



Puns For Language Aficionados

1. My best mates and I played a game of hide and seek. It went on for hours... Well, good friends are hard to find.
2. You're not completely useless – you can always serve as a bad example.
3. I broke my finger last week. On the other hand, I'm okay.
4. Someone stole my Microsoft Office and they're gonna pay. You have my Word.
5. Don't spell part backwards. It's a trap.
6. And the Lord said unto John, "Come forth and you will receive eternal life." But John came fifth, and he got hell.
7. What is the best thing about living in Switzerland? Well, the flag is a big plus.
8. Did you hear about the guy who got hit in the head with a can of soda? He was lucky it was a soft drink.
9. How did I escape Iraq? Iran!
10. To the mathematician who thought of the idea of zero... thanks for nothing!
11. Son: "Dad, can you tell me what a solar eclipse is?"
Dad: "No sun."
12. My math teacher called me average. How mean!
13. Clinic Receptionist: "Doctor, there's a patient on line that says he's become invisible".
Doctor: "Well, tell him I can't see him right now."