



Orca Probus Club NewsLetter

February

2023

Presidents Podium

Happy Valentines, I am bailing out on you for a month so the meeting should run smoothly for a change, seems like a few other members are also shortening winter. In a reflective mood the other day I was thinking about how Probus relates to each of us. I quickly realized that this club is much more than a meeting with an interesting speaker. Upon joining, I have gained many new acquaintances, many who have become friends. The number of animated and interesting discussions one enters into at meeting breaks, at the pub or on the golf course seems endless. I firmly believe the success of Orca is due to our membership and their willingness to lend a-hand and pitch in organizing a wealth of activities which keep us so busy.



Cheers, Neil.

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Club News

Dates to Remember

Walking: Every Monday
Bowling: 2nd Wednesday of the month
Singing: 3rd Tuesday of the month
Dining Out: 3rd Tuesday of the month
Quilting: 3rd Tuesday of the month
BookWorms: Last Friday of the month

next ORCA PROBUS CLUB meeting:
Tues. Feb 14. 2023

February's Speaker

L'Arche Comox Valley is a community of people with and without developmental disabilities, sharing their lives fully and helping each other to discover their hidden gifts.

Several of their core members and assistants live in [Jubilee House](#), a supported residence. Their offices and studios are located in the [I Belong Centre](#), where people come to participate in social and creative arts activities. The I Belong Centre is also home to the IBC Suites, a community of several core members living semi-independently. In addition, L'Arche Comox Valley offers a supported independent living program for people living on their own. L'Arche Comox Valley is a Registered Canadian Charity

Probus Milestone Anniversary

15th Anniversary with Orca Probus: Liz Van Boeschoten, joined Feb. 12, 2008

Club News



Wendy Irwin

Albert Rachynski

Mark Simonson

Gwendolyne Kruger

Robyn Dickinson

Liz Van Boeschoten

Annie Judson

Newest Probus Members receiving their name badges

Judi MacGillivray and Robert Noon; David and Joan Vick; George and Isabel Low



Judi
and
Robert



David
and
Joan



George
and
Isabel

Club News

Pinta Launched

Bruce Ellis has completed a model of the Pinta. It has been a few years since he and Pat hosted a launch party for one of his models.

At a certain point we paused to listen to shipwright Bruce, present an enlightened story about the completed model.



Since Bruce's birthday was the day before his launch of the Pinta, he was surprised by Tim Ackerman with a birthday cake, which was enjoyed by all.



Club News

Club Announcements

*****TAKE NOTE*****



Need to loosen up those sticky ankle and hip joints? Try a little dancing! Every Friday night, 7:30 sharp, the Evergreen Senior's Club presents a live band for your dancing pleasure at the Florence Filberg Centre, 411 Anderton Avenue, Courtenay. Costs: \$10/person for Evergreen members and \$12/person for non members.

There are already members of Orca Probus that attend these dance evenings.

SAVE THE DATE !!

PRISMA
Pacific Region International Summer Music Academy
Powell River

SATURDAY JUNE 24, 2023


Although June seems a long way away, please enter this date into your calendars so you don't miss this great opportunity.

PRISMA organizers are working hard to fine tune all the details for the event and to determine an affordable price. We should have more concrete information by the March newsletter.

Co-Chairs: Marie Knowles and Lawrence Petkus

Club News

Club Announcements



SHEN YUN 2023
SUNDAY, MARCH 26 AT 2:00 PM
VANCOUVER (1 day trip)

Payment deadline is: FEBRUARY 28, 2023
Cheques are accepted
If paying by credit card
please add a 3% service charge

For more information or ticket purchase
Contact: Liz Dato _____

Liz is a member of the Comox Probus Club

They have 30 people signed up. Now need help selling the last 20 seats.

Have reserved 50 tickets in the price point of \$139.00 + taxes (17.71) = \$156.71
Expect all bus transportation costs between \$85.00 / \$95.00
Walk on ferry passenger fare. \$18.95 each way = \$37.90
Lunch and Dinner on Ferry (\$???)

- ✦ Board a coach at Canadian Tire parking lot in Courtenay at about 9.00am (Coffee and doughnuts served as you enter bus.)
- ✦ Bus will drop us off at ferry terminal. Pay walk on passenger fare. \$18.95 Lunch can be purchased on ferry.
- ✦ A bus to pick us up in Horseshoe Bay and take us to QE theatre.
- ✦ After the performance the bus will return us to ferry terminal at Horse Shoe Bay.
- ✦ Board Ferry for Nanaimo. Pay walk on passenger fare. \$18.95 Dinner can be purchased on the Ferry
- ✦ Bus will pick us up and return us to Courtenay. Expect we will be home by 9.00pm.

Club News

January's Meeting Clips



Club News

These cookies were an absolute smash at the last Probus Singers get-together!

Banana Bread Chocolate Chip Cookies

These cookies are extremely super soft and moist - you've never had a cookie like them before!

2 very ripe (not frozen) mashed bananas - approx 2/3 cup (a bit more won't hurt)

1/2 c. oil

1/2 c. plain yogurt (or use all oil)

1/2 c brown sugar - or 1/2 cup white sugar and 1 Tbsp molasses

2 egg yolks

2 tsp vanilla

2 2/3 c flour (measure lightly)

1 tsp baking soda

4 tsp cinnamon

1/4 tsp salt

1/2-3/4 cup chocolate chips

1 cup coconut - or 1/2 cup and 1/2 cup finely chopped walnuts or other nuts you like

(Other additives if you feel like it - chopped dried cranberries, raisins, mint, caramel, or white chocolate chips.....)

Whisk first 6 ingredients together, add in dry, mix well. Let dough sit for about 1/2 hour for flour to hydrate.

Bake at 350 for 10-12 minutes only until lightly brown on the edges.

Club Activity News

Bowling



We were happy to be back at the Alley to wear off some of the Christmas indulgences.

A fun time was had by all with our "super bowlers" for the afternoon being: **Mike Wilson with a total of 438; Ron Ritchie at 359 and Jill Ackerman at 320. Fantastic effort!!** Congratulations to all of you.

Afterwards we gathered for coffee at Rodos Café in Courtenay.

Please email if you wish to be added to the distribution list. There is space for more and you would be very welcome.

Details for February's game are as follows:

DATE: WEDNESDAY, FEBRUARY 8, 2023

TIME: 1:00 PM (please arrive by 12:45 pm)

PLACE: CODES COUNTRY LANES (307 - 6th Street, Courtenay)

COST: \$13.85 per/person - **CASH ONLY PLEASE**

(Price includes two games;
shoe rental and taxes)

We will arrange to go for coffee afterwards for those who are interested at the time.

Marie Knowles



Club Activity News

Dining Out



A small but enthusiastic group met for lunch at Fluid Bar and Grill, 1175 Cliffe Ave. Courtenay, on Tuesday January 17th. Fluid's is a contemporary, casual spot with eclectic bar fare. They have something for everyone. They offer a sleek yet comfortable urban lounge for friends and families to enjoy, with a fun, laid back setting. Their menu may be found at <https://fluidbarandgrill.com/menu/>

The next meeting of the Dining Out group is planned for February 21, at Kinaree where they will sample Thai cuisine.

If you would like to join them contact [Chip Ross](#)



Club Activity News

PROBUS SINGERS AND FRIENDS

On Tuesday, January 17th we had a good turnout for our Probus singing group and had Rhonda Hercus back on guitar with Rod. Rhonda was one of the original three on guitar and happy to have her back once again. We also had a cahon (box drum) player to provide percussion and to keep us on the beat. Barb Wilson brought some delicious cookies and we were all tempted to take more than one. Rod and Debbie are going on a trip to Asia so there will not be any singing in February or March. The next Probus and Friends singing will be on Tuesday, April 18th. Watch for more details in the bulletins.



Club Activity News

The January meeting of the Book Club was held at the home of Marilyn Morris with 7 attendees. Gail Label led a very lively discussion of the book "The Push". In The Push, Blythe Connor is a woman who is trying desperately to be the perfect mother that everyone else seems to be, but she's struggling. Soon, she begins to wonder if there's something genuinely

wrong with her daughter, Violet, though her husband insists it isn't true. As the story unfolds in this gripping and suspenseful domestic drama, Audrain explores motherhood, the limits of unconditional love, and how the consequences of our actions can travel across generations. Thank you to Marilyn for the wonderful "still warm" blueberry muffins!



Walking



The walking group continues to meet every Monday at 1:30 for about an hour walk followed by coffee /tea and some great Orca socializing. We have managed to find dry paths to enjoy despite the wet weather. We welcome new walkers. Contact Melanie



Club Activity News

Quilting

Quilting The Probus Quilting group had their monthly meeting at Brenda Oakes home today - here are some photos of our Show and Tell:



Karen Ross with her Kaleidoscope quilt



Liz van Boeschoten with her baby quilt



Gail King with her scrappy quilt



Pam Dowler with her black and white quilt top



Beth Ritchie with a cozy lap quilt



Brenda Oakes with a quilt for her granddaughter



Deanna Provencher with one of her placemats

Club Activity News

HIKING



Well after a couple months of unfriendly hiking weather, we did manage an outing in January. This was the first time in my history with the club that we took advantage of the trail network at Williams Beach. The trails are well flagged with maps posted on several trees and lunch at the beach is always appreciated. Looking forward to the better hiking months ahead and enjoy the attached photos from this month's hike.

Cheers, Tim



Pub Club News



After the January monthly meeting we attended the Avenue Bistro in Comox. We had excellent seating in the dining area and service was very good as always.

This month we will be going to the Griffin Pub located on the north west corner of the Comox airfield. This being Valentine's day we will be getting a limited menu. I have appealed to have the schnitzel on the menu. I will know more when I send out the notice next week. Please wait for the notice to come out next week before replying to me about attendance.

Howard

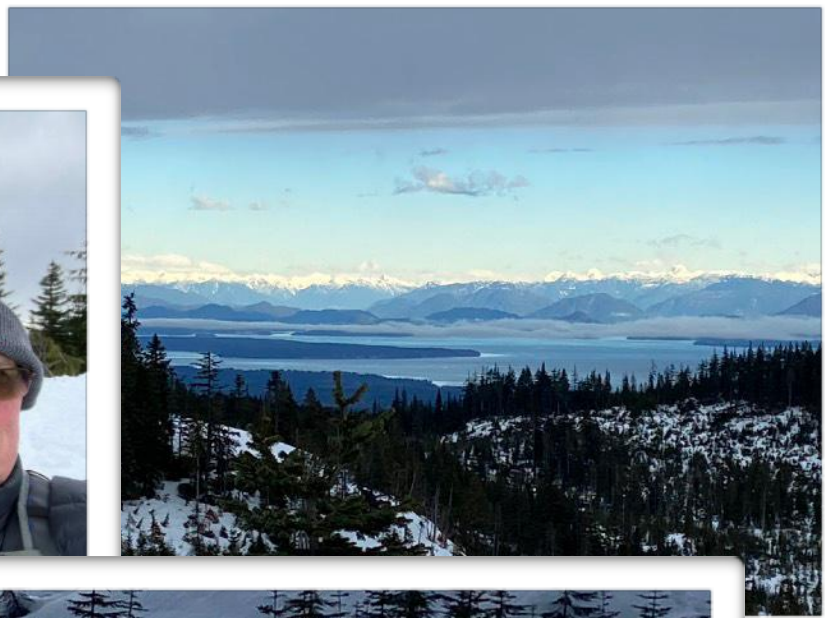
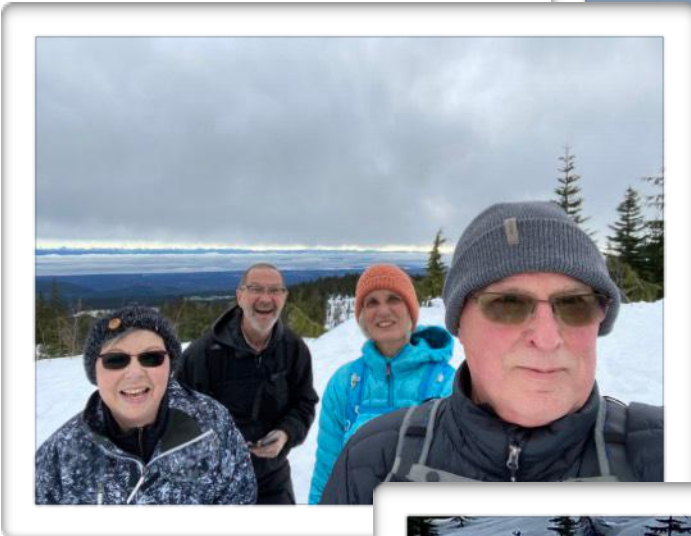
Club Activity News

Snowshoeing



A small group went up Mt. Washington. The sun did finally show up later in the afternoon. Fresh air and beautiful scenery was thoroughly enjoyed. We welcome all to join us. If you don't have snowshoes, rentals are available at locations in the valley. For info, contact Barb.

Cheers, Barb



A little Valentine Humour

To Be 6 Again...

A man was sitting on the edge of the bed, observing his wife, looking at herself in the mirror. Since Valentines Day was not far off he asked what she'd like to have for Valentines. Dinner? Dancing? Breakfast in bed? Theatre?

"I'd like to be six again", she replied, still looking in the mirror.

On the morning of Valentine's Day, he arose early, made her a nice big bowl of Lucky Charms, and then took her to Six Flags theme park. What a day! He put her on every ride in the park; the Death Slide, the Wall of Fear, the Screaming Monster Roller Coaster, everything there was. Five hours later they staggered out of the theme park. Her head was reeling and her stomach felt upside down.

He then took her to a McDonald's where he ordered her a Happy Meal with extra fries and a chocolate shake.

Then it was off to a movie, popcorn, a soda pop, and her favourite candy, M&M's. What a fabulous adventure! Finally she wobbled home with her husband and collapsed into bed exhausted. He leaned over his wife with a big smile and lovingly asked, "Well Dear, what was it like being six again??"

Her eyes slowly opened and her expression suddenly changed. "I meant my dress size, You dumb ass!"

The moral of the story: Even when a man is listening, he is gonna get it wrong.

After she woke up, a woman told her husband, "I just dreamed that you gave me a pearl necklace for Valentine's day. What do you think it means?"

"You'll know tonight." he said.

That evening, the man came home with a small package and gave it to his wife. Delighted, she opened it - to find a book entitled "The Meaning of Dreams"