



Orca Probus Club NewsLetter

Sept

2023

Presidents Podium



Neil Brodie

Well! Labor day is upon us. A sure indication that summer has flown by once again. With the great weather, I hope you all had an enjoyable time in a variety of activities. I only made it as far as Port Hardy and had some excellent fishing. Even got a halibut, so was welcomed home. Hope to see many of you at the September meeting. Already your board and activity leaders are planning fall events for your enjoyment. With golf events, wine tours, etc., we will be busy in September. Speaking of which, we will be looking for a new organizer for the golf group to replace Dave and Isobel who have done a yeoman service for long enough. Thanks to both of them.

Cheers, Neil

Club Executive

| | | | |
|---------------------|-------------|----------------------|-------------------|
| President | Neil Brodie | Communication..... | Mike Wilson |
| Vice-President..... | Bruce Ellis | Facilities..... | Debbie/Rod Olson |
| Secretary | Tim Rabbitt | Social | Barb Wilson |
| Treasurer | Mike Naish | Past President | Marguerite Ancell |
| Membership | Pat Ellis | Sunshine | Deanna Provencher |

Newsletter Contents

| | | | |
|--------------------|-------|-------------------------|-------|
| Dates to Remember | 2 | Activity Group Contacts | 11 |
| Birthdays | 2 | Club Activity News | 12-18 |
| Club Announcements | 3,4,5 | Things to Ponder | 19 |
| What's Up | 6-10 | | |

Dates to Remember

Walking: Every Monday
Bowling: 2nd Wednesday of the month
Singing: 3rd Tuesday of the month
Dining Out: 3rd Tuesday of the month
Quilting: 3rd Tuesday of the month
BookWorms: Last Friday of the month
Golfing: Sept 14, 2023 - Quadra Island

next ORCA PROBUS CLUB meeting:
Tues. Sept 12, 2023



COWICHAN WINE TOUR Sept 22, 2023



Sept Birthdays

Rae Siebert

Cricket Price

Peter Marshall

Mike Naish

Howard Siebert

Hans Keijser

Donna Powell

HAPPY
BIRTHDAY!

Jill Ackerman

Lily Vanderhorst

Beth Broomfield

Isabelle Pacholuk

Pat Simper

Jim Cooper

Pamela Dowler

Joan Compton

Club News

Club Announcements

Attention

At the Annual General Meeting in October, the Orca Probus Executive will be proposing two small changes to the by-laws of the club.

By-Law No. 5 ... Change the date for the club AGM from October to September

We have been holding the AGM with the election of officers in October for years. But this is not consistent with other clubs and does not match events. September is the first month of the club Fiscal year, the start of all memberships and the start of activities. It is felt that the new executive should also start in this month.

By-Law No. 5, paragraph 4... Currently it reads that any motion for a change must be submitted and read to members one month prior to the voting at a general meeting. The proposal is to change the wording to a minimum of one month prior to the voting.

The purpose of this change is to accommodate the move to a September AGM. As there is no general meeting in August the one month rule cannot fit but with this amendment a motion could be presented at the June general meeting. It is only for the purpose of announcing the motion, not voting on any change.

These changes will only take effect for the 2024-2025 club year.

It's Back to PROBUS Time!

September, and the kids are back to school, and we "older" kids are back to our Orca PROBUS meetings and activities and events. Let the new year begin!

Your membership in our club is maintained through the annual payment of a Membership Fee. Your remittance supports our club in providing a meeting place and a coffee break, a website, and it subsidizes the special events we are able to offer you throughout the year. The membership fee remains \$35 per person for the year 2023-24. Payment by cheque or Interac e-transfer is preferred.

This year we are also streamlining our record keeping process, and are introducing the use of a Membership Renewal Form. This form will help to inform us if there have been any changes to your personal contact information, and serve as a record of payment of your membership fee.

It also allows us to obtain a release of liability from each member. This just reminds us that there are risks involved in many of the things we do and take for granted. The Waiver of Liability form has been in use for some time with many of our activity groups. It is the standard form used by PROBUS clubs across Canada.

We ask your cooperation in paying your fees, completing the Renewal Form, and signing the Waiver. **Check your email inbox for the forms.**

Club News

Club Announcements

NOTICE

ELECTION OF OFFICERS

The Orca PROBUS Nominating Committee has proposed the following members as Officers of the club for 2023-2024:

President- Bruce Ellis

Vice-President- Debbie Olson

Secretary- Gwendolyne Kruger

Treasurer- Mike Naish

Membership- Pat Ellis

Sunshine- Deanna Provencher

Social- Barb Wilson

Communication- Mike Wilson

Facilities- Rod Olson

Past President- Neil Brodie

Webmaster- Blair Deering

Nominations for these positions will be open until Tuesday, September 26, 2023
To be submitted (with prior consent to stand) to: The Nominating Committee

The election will take place at our AGM on October 10, 2023

If further nominations are received, voting will be by secret ballot.

Note: In the unlikely situation that we cannot hold an in-person AGM, the list above will be acclaimed if no concerns or nominations have been received from membership by the deadline set.

Thank you to the Nominating Committee: Marguerite Ancell, Neil Brodie, Bruce Ellis, Miles Jones and Dave Dyke for the excellent slate of candidates.

Club News

Club Announcements

SAVE the DATE!!!

Comox Valley Ground Search and Rescue invites you to join us to celebrate 50 years of providing life-saving services to our communities.



Sunday October 1, 2023

1 - 4 p.m.

Current SAR Hall

3001 Moray Avenue

Courtenay, BC

www.cvgsar.com

Please RSVP to: 50thAnniversary@cvgsar.com

Parliament wanted to make a "Canadian tour" so that they could meet and greet the citizens.

So they gather all up and jump into a bus, you know, to make people think they were not spending the people's taxes on plane tickets.

They start going to the major cities and doing their charade but then they didn't arrive at their next destination. Investigation starts and the police find out they got lost someplace in the mountains of BC.

The search and rescue begins and after a few days, along a mountain road, they find the bus turned over and burnt in the front yard of a small ranch.

Police then go to the house, knock on the door, and are received by the owner, who lets them in to his house.

The police ask about the bus and the politicians inside.

"Yep, they're all buried in my backyard. I dug a big hole, took them out of the bus and buried them. That's what my old man taught me, to have respect for those who passed away." Says the rancher.

Then a policeman asked him, "but were they all dead?"

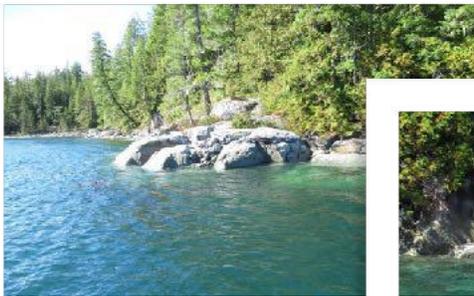
The rancher responds, "well, some of them claimed they weren't, but you know how all the politicians lie, so I didn't believe them"

Club News

WHAT'S UP!

The Discovery Islands has an extensive portfolio of historic stories with tales of hardship, perseverance, innovation, and economic ruin. Members of Orca Probus sailed on Aug 20th to Thurlow Island.

The Thurlow Islands are a hidden treasure. Although sparsely inhabited today, they have a rich history featuring logging camps, forestry stations, commercial fishing, and gold mines. Stop at Blind Channel Resort for a delicious meal and a brief chat with a member of the Richter family, a family who have been living on West Thurlow Island for several generations.



Club News

WHAT'S UP!

Mixed Reaction recreational team under the umbrella of Comox Valley Dragon Boat Society. Coach/manager-Isabelle, Tiller-Dave Pacholuk.

Several members of Orca Probus are exercising their upper body muscles on Friday evenings paddling around the Comox harbour.

Photos courtesy of Jill Ackerman



Club News

WHAT'S UP!

The **Cowichan Valley Trail** is a spectacular multi-use trail that is an integral part of the Trans Canada Trail route on Southern Vancouver Island. The Cowichan Valley section runs from the Capital Regional District boundary at the top of the Malahat, north to Shawnigan Lake and the Kinsol Trestle, west to the Town of Lake Cowichan then north to the Nanaimo Regional District.

It is being considered for some biking adventures for the Orca Probus Group. If you are interested, please make your Social Director, Barb Wilson aware of your interest.



Club News

WHAT'S UP!

Sailing the Uchuck

The Uchuck adventure went off well. Cold and overcast on the trip out but much better at Friendly Cove and the voyage back.

Fourteen Club members met in Gold River and boarded the Uchuck 111 for a seven hour adventure. We dressed warmly for the boat ride on the overcast day on August 23, but luckily no rain. Our voyage down the Muchalat Inlet and into Nootka Sound was inspiring. We spent 90 minutes exploring Friendly Cove (Yuquot), the ancestral home of the Mowachaht/Muchalaht people.



Club News

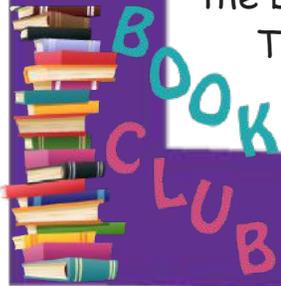
WHAT'S UP!



Club Activity News

The Bookworms' choice for August was Barbara Kingsolver's novel *Demon Copperhead*. The book is a takeoff of Dickens' *David Copperfield* and explores the early life of a boy raised within the social services system in the backwoods of Tennessee during the height of the

opioid crisis. While the book takes note of the failings within social service practices it lays the responsibility of the opioid crisis on the board tables of large pharmaceutical companies. The book was appreciated by all the "Bookworms" and Luana led a rich discussion on the book.



The suggestion was also made that for those interested in the opioid issue, the Netflix series "Painkiller" was thorough and well worth the time to watch.



Club Activity News

ORCA PROBUS BOWLING



Bowling will be recommencing in October 2023 until May 2024.

The event takes place the 2nd Wednesday of each month at 1:00 pm at Codes Country Lanes (307 - 6th Street, Courtenay).

The cost is: \$13.85 per person (no increase this season) and includes 2 games; shoe rental and taxes. Payment is by cash only.

Our first get together is confirmed and scheduled for WEDNESDAY, OCTOBER 11, 2023 beginning at 1:00 pm.

Once you are on the distribution list an email is sent out approximately 1 week prior to the actual game day asking who will be playing. I need to know this information in order to prepare the teams ahead of time.

If you are interested in having some fun with other Probus members and making some friends, you can sign up at our September Probus Meeting. We would love to have you join us. If you are unable to make the meeting send me an email. Participants can be added throughout the year.

Please note - you do not have to be a bowling expert to participate.

Our slogan is "the more the merrier".

Marie Knowles
Bowling Coordinator

Club Activity News

CHILLIN'
★ ★ ★ ★ ★
And 
GRILLIN

One of the Probus Summer BBQ groups of Ken and Luana Buchanan, Stan and Alice Strilchuk, and Mike and Barb Wilson enjoyed their 3rd of 3 BBQs at the Strilchuk's this month. Another quintessential meal was consumed along with refreshing conversation.

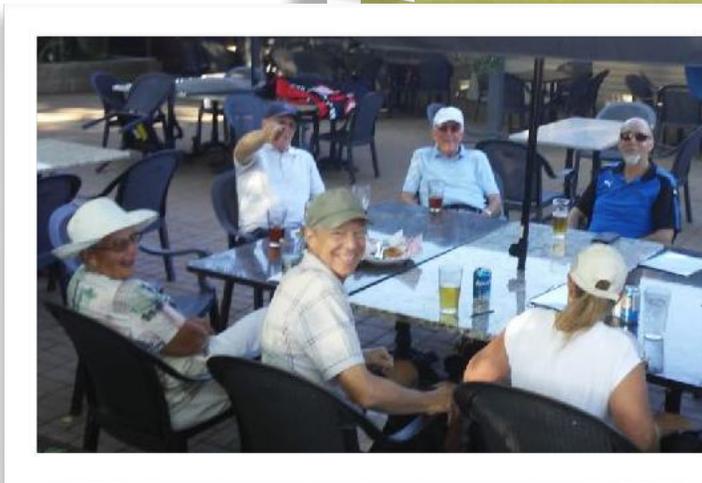
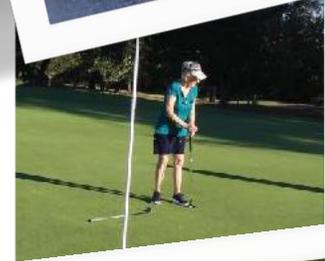


Club Activity News

GLACIER GREENS GOLF

*Some did 9, some did 18, & everyone
dined.*

*It was the perfect day... sunshine and a
cool breeze!*



Club Activity News

On August 1st, a small subgroup of Probus Hikers followed the River Trail - Bevan Trail loop, with a detour to Comox Bluffs for lunch.

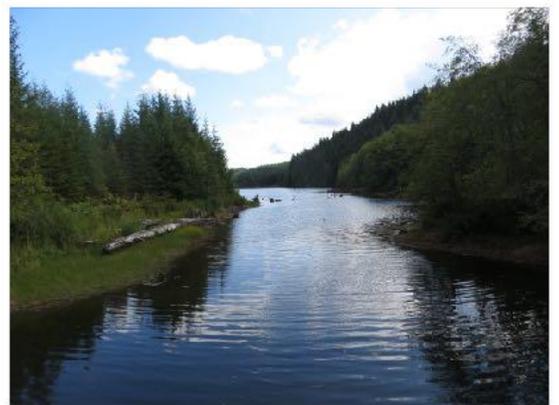


Hiking Group

On August 10th, Probus Hikers completed the Helen Mackenzie-Kwai Lake-Croteau Lake circuit with a scenic detour to Hairtrigger Lake for lunch.



The hike on August 22nd, members explored some of the Cumberland trails, visiting Allen Lake and, as a result of a last minute route change, a fine lunch spot on Cumberland Creek.



Club Activity News

PUB CLUB NEWS



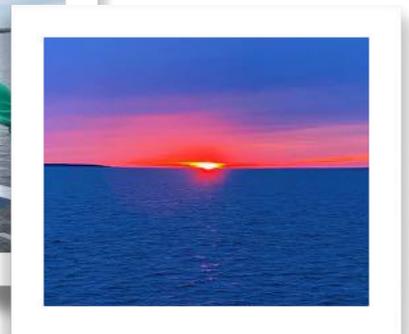
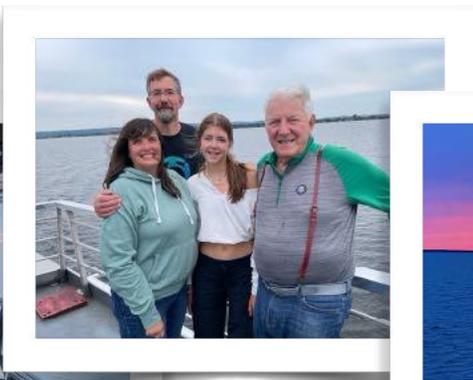
Welcome back to the fold everyone. I hope you had a great summer. Aside from golfing and a two week trip to North Bay Ontario life was pretty tranquil at our household. I would say that there were a lot of positives for me this summer. It wasn't too hot and I was able to enjoy golfing with Rae at the Sunnydale golf course. As with anyone of our vintage, I experienced various physical afflictions which I was able to

overcome. As for travel, I experienced the usual problems with travel but the airline I travelled on was very helpful and quick to respond

whether it was dealing with luggage, flight delays, or getting transport to connecting flights. One suitcase was badly damaged but I was reimbursed the full retail price with no delay. The weather in North Bay was cool and rainy which suited me fine. The rainfall was heavy and intense but short lived and resulted in clear smoke free skies. Anyway, it is nice to look back on the small rewards that life provides us with.



After this months meeting we will be going to the Legion's Beaufort Pub which is conveniently located downstairs from our meeting room. We will again have to preselect our food choices. This is the third visit to the Beaufort and I think we have ironed out all of the kinks in the process. Be sure to welcome new members to our group and mingle freely. Lets not be that flock of "birds of a similar feather that flock together". If you don't get my announcement and wish to be added to my list just Email me and you will be included. Wait for my announcement before RSVPing me. Enjoy those last few days of summer.



Club Activity News

PROBUS SINGERS AND FRIENDS



Probus Singers and Friends will be resuming on Tuesday, September 19th from 2:00 to 4:00. This is an afternoon of sharing our voices, memories and socializing. No previous experience is necessary and all lyrics will be provided. If you love music and don't think you can sing, then come along and enjoy the sounds created by others.

Singing - especially singing with other people - can improve your mood and give you a feeling of energy. We know that singing makes our brain release chemicals called endorphins that make people feel positive. Singing can also change levels of some hormones in our bodies and this reduces feelings of anxiety, so think of it as a free therapy session.

Contact Rod and Debbie Olson to get your name on [the mailing list](#) or for more information.



Little to say about the walking group as we only walked twice in August due to smokey conditions. The Walking Group is hoping to have smoke free walks in September.

Things to Ponder!

Ticket Excuse

A man was driving home late one afternoon, and he was driving above the speed limit. He notices a police car with its red lights on in his rear view mirror.

He thinks "I can outrun this guy," so he floors it and the race is on. The cars are racing down the highway — 60, 70, 80, 90 miles an hour.

Finally, as his speedometer passes 100, the guy figures he can't outrun the cop and gives up. He pulls over to the curb.

The police officer gets out of his cruiser and approaches the car. He leans down and says "Listen mister, I've had a really lousy day, and I just want to go home. Give me a good excuse and I'll let you go."

The man thought for a moment and said, "Three weeks ago, my wife ran off with a police officer. When I saw your cruiser in my rear view mirror, I thought you were that officer and you were trying to give her back to me!

"When choosing between two evils, I always like to try the one I've never tried before."
- Mae West (1892-1980)

"Copy from one, it's plagiarism; copy from two, it's research."
- Wilson Mizner (1876-1933)

"Only two things are infinite, the universe and human stupidity, and I'm not sure about the former."
- Albert Einstein

"The difference between fiction and reality? Fiction has to make sense."
- Tom Clancy (1947-),
paraphrasing Mark Twain